

# Guidelines for Human Library Readers

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1. The Reader must be respectful in their questions and conversation with the Human Book.
2. The Reader accepts the fact that the Human Book can quit the conversation if he or she feels that the Reader is treating him or her in an inappropriate or disrespectful manner.
3. The loan period is for 15 minutes.
4. The Reader cannot record, videotape or take pictures of the Human Book.
5. The Reader is not allowed to ask the Human Book for personal contact information. All requests for further contact should be through the Human Library organizers.

## Sample Questions for Readers to Ask Human Books

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There are no silly questions! Here's a list of general questions you can ask to get the conversation going.

- Could you tell me about yourself?
- What experience has had the most impact on making you the person you are today?
- What is a typical day like for you?
- Why did you want to be a Human Book? What do you hope to accomplish?
- Do you wish you could go back in time to change a decision you made? Any regrets?
- What's a good thing happening in your life right now? What makes it good?
- What were some of the more difficult aspects of your life? What made it difficult?
- What do you do to have fun?
- Can you tell me three things about yourself that make you unique?
- How do you deal with adversity?
- Is there a community or a support system that you're a part of?
- Do you have any advice for someone going through a situation similar to yours?
- Now invent your own...